

The  
**NEXUS**  
Project

WITH **MEN**  
IN **MIND**

**All workshops on Fridays from 1.30 – 3pm,**

**Buckland United Reformed Church, 174 Kingston Road, Fratton, PO2 7LP**

**30 Sept** – Build a Bird Box (Andy Ames)

**7 Oct** – Music and percussion (Alex Baines)

**14 Oct** – Introduction to water colour painting (Mandie Molyneux)

**28 Oct** – Creative thinking with Lego (Brad Smith)

**4 Nov** – Techniques in photography (Paul Williams)

**11 Nov** – Exercise activity (Kerry Morgan)

**25 Nov** – Whittling (Mandie Molyneux)

**2 Dec** – Getting creative with chemigrams (Paul Williams)

**9 Dec** – Music and percussion (Alex Baines)